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Professional Disclosure Statement

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My role as a Cannabis Practitioner is to support my clients as they step into their highest and deepest expressions of Self. This requires transforming our past into fuel for our future potential, and the hard task of living into that potential. I support my clients by being a bridge between how their life has been to how they want it to be.

This work is complex and takes on many forms, from facilitating individual Psychedelic Therapy experiences, guided meditation sessions, individual coaching, classes, and community engagement. I am trained as a certified hypnotherapist, coach, and guide. I do not provide psychotherapy services. I've studied cannabis since 2020, and I am continually amazed (and even still regularly surprised) by its potential as both a therapeutic tool for healing, as well as a profound tool for psychedelic exploration. I work with new journeyers, the psychedelic curious, as well as advanced psychedelic journeywork practitioners.

I have over 7 years of experience in hypnotherapy and transformational coaching in my private practice as a Certified Hypnotherapist in Los Angeles. I have also studied in depth several healing arts modalities, including Neuro-Linguistic Programming and Integrated Time Line Therapy and incorporate others including sound healing, guided imagery, past life regression therapy, mindfulness, breathwork, Reiki, dream therapy and shamanic practices. I assist my clients with areas of vocational and avocational self-improvement, behavior modification, navigating issues of gender and sexuality, creating healthy support systems, and big life transitions.

As a Cannabis Practitioner I specialize in working with people who are interested in exploring psychedelic substances and cannabis, and in safely supporting them on this path through answering questions, providing educational resources, engaging concerns, and assisting with big life transitions. I assess safety, offer integrational coaching, and hold a strong, objective, open and affirming working space with acceptance and compassion.

Areas of Specialization

- Mindfulness Based Cannabis Assisted Psychedelic Therapy
- Psychedelic Harm Prevention and Integration Support
- Hypnotherapy
- Sound Healing
- Transformational Coaching
- Reiki

Psychedelic Therapy & Psychedelic Therapist Definition

As a Cannabis Practitioner I identify as a Cannabis Assisted Psychedelic Therapy Guide. I only work in legal settings, and with legal medicines. I only work with cannabis sativa (in states where it is legal) and breathwork practices. I do not provide other psychedelic medicines to my clients, or work with illegal substances they provide. I am not a resource for finding illegal substances or underground medicine practitioners. Cannabis is a sacred plant ally and classic psychedelic most similar to psilocybin mushrooms when used in this way. Similar to some traditional medicine settings, like Ayahuasca and Native American Church peyote ceremonies where the facilitator also imbibes the medicine, I sometimes imbibe cannabis during some of my healing sessions with my clients to support the transformational healing process. This is completely optional and I won't imbibe cannabis if requested. I can also answer any questions regarding use and safety before we begin a session.

Cannabis-Assisted Psychedelic Therapy is a specific multi-paradigm approach defined by The Center for Medicinal Mindfulness, in Boulder CO. I work from a harm reduction, mindfulness and education approach. Mindfulness Based Psychedelic Therapy is not psychotherapy although it works well as an adjunct support. It can include coaching/counseling elements and assessments for safety, but also mindfulness practices, ceremony & ritual, relaxation approaches, spiritual orientations, and within an energetic/transpersonal paradigm. To work with me you will be asked to sign a waiver and participation agreement before participating in any event or journey that acknowledges that you have spoken with a medical doctor.

Education and Training

As a Cannabis Practitioner I am in the credentialing process and training under the supervision of Daniel McQueen, MA with the Center for Medicinal Mindfulness in their Psychedelic Sitters School Program since 2020.

As a Hypnotherapist and Transformational Coach, I trained in Clinical Hypnotherapy at the Hypnosis Motivation Institute in Los Angeles, CA. I am certified in Neuro-Linguistic Programming (NLP) and Integrated Time Line Therapy, at the Trainer and Master Levels, respectively, with Pivot Point Advantage in Anaheim, CA. As a Reiki Master/Teacher since 2016, I offer energy work and Certification for Practitioners, Levels 1 and 2.

Although I rely upon the advice and feedback of a council of skilled advisors and mentors, I do not have a clinical supervisor, nor am I working towards professional clinical licensure.

Confidentiality

Our work together will remain strictly confidential except in the extremely rare circumstance that you could harm yourself or another. As a consultant, I do not take clinical notes in individual sessions except in these circumstances, but I do keep a record of dates of our sessions for accounting and membership purposes. My job is to remain open and unconditionally accepting while maintaining the necessary boundaries required for safety and transformation. I often

consult with a small group of peers and advisors regarding issues that arise with my clients. If I speak about you, your case will be discussed without using your name or identifying information.

All information provided to me by you in our professional relationship is confidential except in the following circumstances: (a) you sign a release of information for a specific individual or agency; (b) child or elder abuse; (c) you are an imminent danger to self or others; (d) subpoena of records in a criminal procedure. Additionally, I may consult with a supervisor or confidential peer supervision group without disclosing identifying information. The purpose of consultation is to enhance my ability to help you, and these individuals are required to follow the same standards of confidentiality previously described.

Confidentiality is requested at the beginning of every individual and / or group or community experience. You are free to share with friends any stories of your own experiences, but we request that other participant names and their experiences remain confidential. While our work is not a secret, it is important for everyone's participation to remain private for safety purposes.

Community Orientation

My practice includes individual and group healing sessions, transformational coaching and guided sessions and ceremonies, classes, community gatherings and presentations. Most of my clients work with me in only one context, but there can be some overlap in certain circumstances. We will regularly discuss the health of our relationship and how we can move forward with the highest integrity in our work. Safe and appropriate boundaries are extremely important to me.

Interventions

My commitment to your safety and wellbeing is my highest priority. I also reserve the right to contact your emergency contact in these circumstances if I believe it is necessary. I will be as intentional and compassionate in my communication as possible and will only disclose enough information to ensure the crisis is handled skillfully and safely. Sometimes additional requirements or temporary limitations may be placed on a member's participation in certain events for safety reasons. I will do my best to provide objective and compassionate feedback and guidance.

This work is very real, with real life consequences. Psychedelic medicines elicit life transforming experiences that happen both in the experience itself and in our everyday lives. These are not always easy, and the psychedelic healing processes we initiate sometimes evoke deeply impactful healing experiences in our lives. My job is to keep you as safe as possible. When working with me, you agree to this form of support as outlined in this document and the Participation Agreement.

Professional Accountability & Safety

Because this is an emerging field, there is currently no uniform code of ethics for psychedelic practitioners. Please view the additional information regarding my professional commitments to

accountability and safety. I am committed to complying with these guidelines and commonly held principles of professional ethics.

I'm committed to my own path as I work with others. I regularly practice the skills I teach, engage in my own self-care, and my own ongoing journeywork practice at a rate that is safe for me. I also regularly meet with professional supervisors/mentors.

Rate

My hourly rate for Cannabis Assisted Sessions is \$180. I provide one 20 minute initial phone consultation to start our work together. I may require a commitment to a series to work with you, depending on your goals.

Integration sessions after Psychedelic Therapy sessions may be required or strongly encouraged. I also offer small group services and community events to make my services as accessible as possible. These are \$100 per person for an online group event, and \$150 for an in person group event. I do not accept insurance. Payment in full must be made in advance in order to book your session, via PayPal, Square or Venmo.

Cancellations: Private Coaching Sessions

Since it is nearly impossible to schedule someone else after a coaching session is canceled with very little notice, clients are required to provide 24 hour notice to receive a full refund or credit for your missed appointment.

Cancellations: Conscious Cannabis Sessions

Full payment in advance is required to reserve your space in a Conscious Cannabis Circle, Cannabis Healing Meditation or Event. Cancellations require 1 week notice to receive a full refund or credit for a canceled session. No refunds will be issued for missed sessions.

Telephone Calls, Texting, Emails and Emergencies

My primary mode of communication outside of sessions is email correspondence. I am available to return business calls between 9am and 5pm, Monday through Friday. I will respond as soon as I can. Phone calls generally require advanced scheduling. I do not provide any sort of emergency coverage but I am available to my clients by phone and email after Cannabis Assisted sessions.

If you are having an emergency please call a 24 hour crisis line or 911. Emails, by their nature, cannot guarantee confidentiality and should therefore be used primarily for non-confidential questions and scheduling appointments. Texts should be limited to scheduling only.

