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Professional Disclosure Statement 2021

My calling as a Cannabis Practitioner is to support my clients as they step into their highest and deepest expressions of Self. This requires transforming our past into fuel for our future potential, and the hard task of living into that potential. I support my clients by being a bridge between how their life has been to how they want it to be.

This work is complex and takes on many forms, from facilitating individual Psychedelic Therapy experiences, guided meditation sessions, individual coaching, classes, and community engagement. I am trained as a hypnotherapist and coach, **I do not provide psychotherapy services**. I've studied cannabis since 2020, and I am continually amazed (and even still regularly surprised) by its potential as both a therapeutic tool for healing, as well as a profound tool for psychedelic exploration. I specifically work with new journeyers, the psychedelic curious, as well as advanced psychedelic journeywork practitioners.

I have over 7 years of transformational and healing arts experience in Los Angeles with clinical hypnotherapy and Reiki. I have studied multiple healing modalities, including spiritual and psychological traditions, neuro-linguistic programming and shamanic practices.

I specialize in working with people who use psychedelic substances and cannabis, and in safely supporting them on this path through answering questions, engaging concerns, and navigating big life transitions. I assess safety, help integration, and hold a strong, objective, open and affirming working space with acceptance and compassion.

Areas of Specialization

- Cannabis Assisted Psychedelic Therapy Sitting & Guiding
- Psychedelic Harm Prevention, Education & Integration Support
- Hypnotherapy
- Reiki
- Life Coaching

Psychedelic Therapy & Psychedelic Therapist Definition

As a Cannabis Practitioner I identify as a Cannabis Assisted Psychedelic Therapy Guide. I only work in legal settings, and with legal medicines. I only work with cannabis sativa (where it is legal) and breathwork practices. I do not provide other psychedelic medicines to my clients, or work with illegal substances they provide. I am not a resource for finding illegal substances or underground medicine practitioners. Cannabis is a sacred plant ally and classic psychedelic most similar to psilocybin mushrooms when used in this way. Similar to some traditional medicine settings, like Ayahuasca and Native American Church peyote

ceremonies where the facilitator also imbibes the medicine, I sometimes imbibe cannabis during some of my healing sessions with my clients to support the transformational healing process. This is completely optional and I won't imbibe cannabis if requested. I can also answer any questions regarding use and safety before we begin a session.

Cannabis-Assisted Psychedelic Therapy is a specific multi-paradigm approach defined by Medicinal Mindfulness and includes psychotherapeutic/clinical elements and assessments for safety, but also mindfulness practices, ceremony & ritual, somatic approaches, spiritual orientations, and within an energetic/transpersonal paradigm. Psychedelic Therapy can also be used for the treatment of clinical disorders, but is a full body/soul holistic practice that is not limited to the psychotherapy/clinical/medical model. While not necessarily named "Psychedelic Therapy," this modality conforms with how most skilled/experienced/ethical "underground" psychedelic practitioners work.

Education and Training

As a Cannabis Practitioner I have certification level three: Cannabis Assisted Psychedelic Therapist through the Center for Medicinal Mindfulness in Boulder, Colorado, with Daniel McQueen. As a Hypnotherapist, I graduated with a certification in Clinical Hypnotherapy from the Hypnosis Motivation Institute in Los Angeles. Additionally, I have a certificate as a Trainer in Neuro-Linguistic Programming (NLP) and Integrated Time Line Therapy. As a Reiki Master/Teacher, I have been practicing since 2014 and offer Certification. I also incorporate other modalities such as mindfulness, breathwork, guided meditation, therapeutic imagery, and energy work. I have experience in trauma/PTSD, addictions, sexuality, dreamwork, spiritual emergencies, healthy systems, and personal/spiritual transformation. Although I rely upon the advice and feedback of a council of skilled advisors, I do not have a clinical supervisor, nor am I working towards professional clinical licensure.

Confidentiality

Our work together will remain strictly confidential except in the extremely rare circumstance that you could harm yourself or another. As a consultant, I do not take clinical notes in individual sessions except in these circumstances, but I do keep a record of dates of our sessions for accounting and membership purposes. My job is to remain open and unconditionally accepting while maintaining the necessary boundaries required for safety and transformation. I often consult with a small group of peers and elders regarding issues that arise with my clients. If I speak about you, your case will be discussed without using your name or identifying information.

All information provided to me by you in our professional relationship is confidential except in the following circumstances: (a) you sign a release of information for a specific individual or agency; (b) child or elder abuse; (c) you are an imminent danger to self or others; (d) subpoena of records in a criminal procedure; Additionally, I may consult with a supervisor or confidential peer supervision group without disclosing identifying information. The purpose of consultation is to enhance my ability to help you, and these individuals are required to follow the same standards of confidentiality previously described. Confidentiality is requested at the beginning of every individual and / or group or community experience. You are free to share with friends any stories of your own experiences, but we request that other participant names and their

experiences remain confidential. While our work is not a secret, it is important for everyone's participation to remain private for safety purposes.

Community Orientation

My practice includes individual and group healing sessions, coaching and guided sessions and ceremonies, classes on mindfulness and journeywork, community gatherings and presentations. Most of my clients work with me in only one context, but there can be some overlap in certain circumstances. We will regularly discuss the health of our relationship and how we can move forward with the highest integrity in our work. Safe and appropriate boundaries are extremely important to me.

Interventions

My commitment to your safety and wellbeing is my highest priority. I also reserve the right to contact your emergency contact in these circumstances if I believe it is necessary. I will be as intentional and compassionate in my communication as possible and will only disclose enough information to ensure the crisis is handled skillfully and safely. Sometimes additional requirements or temporary limitations may be placed on a member's participation in certain events for safety reasons. I will do my best to provide objective and compassionate feedback and guidance.

This work is very real, with real life consequences. Psychedelic medicines elicit life transforming experiences that happen both in the experience itself and in our everyday lives. These are not always easy, and the psychedelic healing processes we initiate sometimes evoke deeply impactful healing experiences in our lives. My job is to keep you as safe as possible by working with me, you agree to this form of support as outlined in this document and the CCE Safe Community Policy.

Professional Accountability & Safety

Because this is an emerging field, there are currently no uniform code of ethics for psychedelic practitioners. Please view the additional information regarding my professional commitments to accountability and safety. I am committed to complying with these guidelines and commonly held principles of professional ethics.

I'm committed to my own path as I work with others. I regularly practice the skills I teach, engage in my own self-care, and my own ongoing journeywork practice at a rate that is safe for me. I also regularly meet with professional supervisors/mentors.

Rate

My hourly rate is \$180. I provide one 30 minute initial phone consultation to start our work together. I may require a commitment to a series to work with you, depending on your goals. Integration sessions after Psychedelic Therapy sessions may be required or strongly encouraged. I also offer small group services and community events to make my services as accessible as possible. I do not accept insurance.

Cancellations: Private Consulting Sessions

Since it is nearly impossible to schedule someone else after a coaching session is cancelled with very little notice, clients are required to provide 24 hour notice to receive a full refund or credit for your missed appointment.

Cancellations: Transformational Cannabis Sessions

Full payment is required to reserve a Cannabis-Assisted Psychedelic Therapy session. Cancellations require 1 week notice to receive a full refund or credit for a cancelled session. No refunds will be issued for missed sessions.

Telephone Calls, Texting, Emails and Emergencies

My primary mode of communication outside of sessions is email correspondence. I am available to return business calls between 10am and 3pm, Monday through Friday. I will respond as soon as I can. Phone calls generally require advanced scheduling. I do not provide any sort of emergency coverage but I am available to my clients by phone and email after Psychedelic Therapy sessions. If you are having an emergency please call a 24 hour crisis line or 911. Emails, by their nature, cannot guarantee confidentiality and should therefore be used primarily for non-confidential questions and scheduling appointments. **Texts should be limited to scheduling only.**

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Professional Disclosure Statement 2021 Acknowledgement

I have read the preceding information and I understand my rights and responsibilities as a Conscious Cannabis client.

Client Signature

Client Printed Name

Date

Required Emergency Contact Information

Name Relationship

Email Phone

Second Contact - optional but recommended

Name Relationship

Email Phone